



## **Global Inclusive Physical and Health Education Consultant Request for Proposal**

### **Background**

[Special Olympics](#) supports athletes across the lifespan in achieving optimal health and performance through fitness programming that addresses adequate physical activity, nutrition, and hydration. Special Olympics offers several Program models and fitness resources that support the implementation of health and fitness initiatives for youth, including High 5 for Fitness.

[High 5 for Fitness](#) is a set of resources created to engage youth ages 8-21 in proper nutrition and regular physical activity. The resources include guides, activity cards, and exercise videos that can be used in a variety of settings. An accompanying curriculum based on High 5 will be completed July 2023, along with an evaluation completed by June 2024. These are tailored to United States (U.S.) national physical education and health standards, and will be utilized in a U.S. context, especially in [Unified Champion Schools](#).

To expand the reach of High 5 for Fitness and school-based fitness initiatives, Special Olympics has created a school-based curriculum for standardized implementation of the High 5 activities across a 6-week period. To reach global audiences, Special Olympics seeks to align the High 5 curriculum for global implementation in [Unified Schools](#).

### **Scope of Work**

Special Olympics is seeking a consultant (individual or organization) to adapt an existing standards-based physical activity and health education curriculum to support regions and countries outside of the U.S with implementation of ongoing fitness programming in schools. This consultant will enhance the quality of programming by implementing adaptations to the current US-centric High 5 for Fitness curriculum to ensure alignment with global education standards.

### **Responsibilities and deliverables include:**

#### **Activity 1: Analysis and literature review of global education standards**

- 1.1. Audit and literature review of existing global policies and standards in physical activity, physical education, and health education
- 1.2 Review High 5 for Fitness curriculum and resources, and other global Special Olympics fitness resources
- 1.3 Conduct surveys or focus groups with Special Olympics Program staff and educators currently implementing SO's fitness programming to inform effective curriculum development and gain insight on perceptions of the resources.
- 1.4 Develop a strategy for globalizing High 5 curriculum and aligning tool with specific global policies and standards, including strategies for local adaptation
- **Deliverable 1:** Provide a document on background research findings and suggestions on how to effectively implement and disseminate curriculum.



### **Activity 2: Curriculum Development**

- Complete initial draft of global High 5 curriculum for schools (Ages 8-11, 12-14, and 15-21)
- Ensure alignment with current global policies and/or standards in physical activity, physical education, and health education
- Complete initial review by key Special Olympics stakeholders
- **Deliverable 2:** Submit first draft of aforementioned curricula to Manager, Fitness & Health in Schools for review.

### **Activity 3: Curriculum Completion**

- Complete final draft of global High 5 curriculum for schools
- Includes edits from initial draft and review
- Curriculum complete following a final review between Special Olympics stakeholders and consultant
- **Deliverable 3:** Submit final draft of aforementioned curricula to Manager, Fitness & Health in Schools for review.

### **Activity 4: Curriculum Training**

- Lead one training to educate Special Olympics Regions, Programs, and educators on curriculum implementation and alignment with global education standards. Includes developing presentation materials and participating in virtual training.
- **Deliverable 4:** Materials submitted and one training completed by December 15, 2023.

### **Compensation**

Total compensation for the project is \$11,700.

### **Timeline**

Consultant will begin work June 26, 2023. All deliverables must be complete by December 22, 2023.

- Deliverable 1: Due August 4, 2023 = \$2,000
- Deliverable 2: Due September 29, 2023 = \$3,000
- Deliverable 3: Due October 27, 2023 = \$3,350
- Deliverable 4: Due December 22, 2023 = \$3,350

### **Applying for Consultancy**

Interested applicants will be asked to submit a proposal responsive to the above RFP by **June 16, 2023**.

The proposal should include the following:

- Brief project description that outlines your vision and strategy for implementing project work (max. 2 pages), inclusive of:
  - Overview of the overall approach and methodology proposed to respond to the expectations of the consultancy deliverables
  - Proposed project budget, including anticipated matrix of hours.
- 1-2 relevant samples of work



- Brief description of applicant's qualifications and experience developing curricula in physical activity and/or health disciplines (i.e., resume or curriculum vitae)
- Contact information for two to three references that would support your consultancy

### **Consultant Preferred Qualifications**

- Education, academic, and/or research experience in global inclusive education
- Master's degree or PhD in Kinesiology, Adapted Physical Education/Activity, Special Education, Health Promotion, Public Health, or related field
- Knowledge of fitness, nutrition, and health promotion for youth with intellectual and developmental disabilities
- Demonstrated success of implementing school-based projects, curricula, and/or instructional designs
- Excellent written and oral communication skills in English, including ability to communicate effectively with a culturally and professionally diverse range of stakeholders

**Proposals must be sent via email to Sean Nevills, Manager of Fitness & Health in Schools, at [snevills@specialolympics.org](mailto:snevills@specialolympics.org). Please direct any questions to Sean Nevills via email.**